

## Mac Tri Club Awards – Triathlon Series, Duathlon Series and Point Score Champion

With the triathlon season about to commence MTC have introduced 2 new awards that everyone will be eligible to compete for, to encourage regular club participation. Starting with the 2004/05 Triathlon season, we will now have a Triathlon Series Champion and commencing next winter a Duathlon Series Champion.

The Triathlon Series champion will be decided by the total points accumulated from the 7 triathlon point score races. Similarly the Duathlon Series champion will be decided by the total points accumulated from the 5 duathlon point score races.

The points will be the same as those awarded under the Annual Pointscore handicap system so everyone has a chance to be the Series Champion. The triathlons will run from October to April (inclusive) with one point score event each month (2 in February). The Duathlons will run from May to September (inclusive) with one point score event each month.

Both these Series championships will be run in conjunction with the Annual Pointscore Competition. The Triathlon and Duathlon Championship races are to be held at the end of each series.

The Annual Pointscore Competition will still be the primary club award for the year, which comprises of all 12 triathlon and duathlon point score races. In this competition your 2 worst results from the 12 triathlons and duathlons can be dropped.

In the past, special events such as the Club Championships and Joggers Challenge have been included in the Point Score to encourage participation. The Committee will advise ASAP if such events will included in the 2004/05 Point Score.

### Handicap System and Annual Point Score

Applies to normal club events 1,2,3 and 4. The handicap time is calculated as if you had competed in event 3. It doesn't matter if you didn't actually do Event 3; times are corrected to reflect Event 3 times.

If you go faster on the day your handicap is adjusted to reflect the new faster time. If you go slower, then you get half the time difference back (up to a maximum of one minute) per event. Points are awarded on the basis of the greatest improvement over handicap. Greatest improvement on the day gets 60 points down to 1 point for the least improvement.

At the end of the season, to allow members to have a little rest before the next season, the handicapper kindly adds 3 minutes onto everyone's handicap. Time is then added or subtracted according to if you race slower or faster than your handicap.